a) one or more flavonoids;
b) one or more cinnamic acid derivatives; and
c) optionally an antiexidant

9. The method according to claim 8, wherein the flavonoid is selected from the group consisting of alpha-glucosylrutin, alpha-glucosylrutin, alpha-glucosylisoquercitrinin and alpha-glucosylquercitrin, quercitin, rutin, chrysin, kaempferol, myricetin, rhamnetin, apigenin, luteolin, naringin, hesperidin, naringenin, hesperitin, morin, phloridzin, diosmin, fisetin, vitexin, neohesperidin dihydrochalocone, flavone, glucosylrutin and genistein.

10. The method according to claim 8, wherein the formulation comprises one or more flavonoids and one or more cinnamic acid derivatives.

11. The method according to claim 8, wherein the formulation comprises one or more cinnamic acid derivatives wherein the cinnamic acid derivative is a hydroxycinnamic acid.

12. The method according to claim 8, wherein the formulation comprises one or more cinnamic acid derivatives wherein the cinnamic acid derivative is of the formula

and/or of the formula

wherein the groups X, Y and R independently of one another are H or branched or

unbranched alkyl having 1-18 C atoms

- 13. The method according to claim 8, wherein the symptom of the immunosuppression is inflammation, allergy or an autoimmune-reactive symptom.
 - 14. A cosmetic or dermatological formulation which comprises an effective

amount of:

- a) one or more flavonoids;
- b) optionally one or more cinnamic acid derivatives;
- c) optionally an oxidant; and
- d) alpha-glucosylatine and/or ferulic acid. --